

Sails Bistro Menu

Fresh thinking

Lunch and Dinner Midday – 2.30pm and 6.00pm – late

Hot Breads (v)

garlic and cheese baguette	\$6.50
crisp Turkish bread w/ trio of dips	\$7.50
pizza bread w/ cheese and herbs	\$6.50
gluten free dinner roll served w/ herb butter	\$4.50

Entrée Midday – 2.30pm and 6.00pm – late

Soup of the day

the chef's freshly made soup w/ a bread roll	\$7.90
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Fresh Pacific Oysters (g)

Natural, w/ cocktail sauce and fresh lemon

6 @ \$13.00 12 @ \$26.00

Kilpatrick, grilled w/ bacon and our special spicy sauce

6 @ \$13.50 12 @ \$27.00

Perfect w/ ... Tyrrell's Semillon Old Winery Hunter Valley NSW

Caesar salad

w/ cos lettuce, crispy bacon, shaved parmesan, garlic croutons, egg, anchovies and Caesar's own dressing

\$11.90

w/ grilled, seasoned chicken fillet

\$13.90

w/ fresh king prawns

\$16.90

Perfect w/ ... Brookland Valley Verse 1 Chardonnay Margaret River WA

Mediterranean salad (v) (g)

of roast capsicum, garlic, Spanish onion, eggplant and tomato, mesclun lettuce

\$11.90

Perfect w/ ... Brown Brothers' Merlot Victoria

Warm lamb Greek style salad (g)

fetta cheese, capsicum, Spanish onion and kalamata olives w/ slices of char-grilled lamb loin

\$14.90

Perfect w/ ... Montana Pinot Noir Marlborough NZ

Salt and Pepper Calamari

served with lime aioli and mixed leaf salad

\$16.90

Perfect w/ ... De Bortoli Willowglen Semillon Chardonnay Victoria

Mains Midday – 2.30pm and 6.00pm – late

Surf and Turf

MSA rib fillet char-grilled to your liking, served w/ prawns, scallops and calamari in a white wine, garlic cream sauce

\$30.90

Perfect w/ ... Wolf Blass Cabernet Merlot South Australia

The Manly Special

prime O.P. beef rib basted w/ smoky marinade, char-grilled to your liking, w/ crispy onions

\$29.90

Perfect w/ ... Penfolds Thomas Hyland Shiraz Barossa Valley SA

MSA 250g Rib fillet or 350g Rump steak (gluten free available)

char-grilled to your liking, w/ your choice of beef jus, mushroom, green pepper, chilli salsa, garlic cream sauce or dienne sauce

\$29.90

Perfect w/ ... Taylors Cabernet Sauvignon Clare Valley SA

Barramundi fillet

grilled w/ roast macadamia nuts & lemon butter

\$22.60

grilled served w/ lemon

\$21.60

poached served w/ chilli salsa (g)

\$21.60

battered w/ lemon and tartare sauce

\$21.60

Perfect w/ ... Jimbour Verdelho Queensland

BBQ Seafood Plate

char-grilled barramundi fillet and king prawns, salt and pepper calamari, two fresh Pacific oysters and our own tartare sauce

\$30.90

Perfect w/ ... Giesen Sauvignon Blanc Marlborough NZ

Chicken Schnitzel

w/ your choice of mushroom, green pepper, chilli salsa or dienne sauce

\$16.90

served Parmigiana style

\$18.90

Perfect w/ ... Brookland Valley Verse 1 Chardonnay Margaret River WA

Barkers Creek king rib pork cutlet (g)

marinated in orange and thyme, laced with Cognac and served w/ orange and ginger sauce

\$29.90

Perfect w/ ... Taylors Merlot Clare Valley SA

Sage roasted Queensland pumpkin risotto (v)

w/ English spinach, pine nuts, char-grilled capsicum and finished w/ smoked mozzarella

\$18.90

Perfect w/ ... Montana Pinot Noir Marlborough NZ

Oven Baked Lamb Shanks

in mushroom and red wine sauce served on mash

\$25.90

Pasta of the Day

optional - gluten free

\$16.90

\$17.90

Main meals are served w/ your choice of chips and salad or potato of the day and fresh seasonal vegetables

Sides

side vegetables or side salad or vegetable cous cous

\$3.00

side chips

\$1.80

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All Day Dining Daily from 10am—late

Fresh or toasted sandwiches (white or wholemeal), filled rolls or Turkish bread w/ salad or a choice of three fillings: grilled chicken, ham, turkey, salami, tuna, Swiss cheese, tasty cheese, tomato, lettuce, avocado, onion, extra fillings	\$6.50 \$1.00
Hot breads (v) garlic and cheese baguette crisp Turkish bread w/ trio of dips pizza bread w/ mozzarella cheese and herbs gluten free dinner roll served w/ herb butter	\$6.50 \$7.50 \$6.50 \$4.50
Nachos (v) corn chips, melted cheese and spicy bean sauce, topped w/ sour cream and chives	\$11.90
Tandoori nachos our regular nachos topped w/ tandoori roasted chicken side of guacamole	\$12.90 \$1.90
Hot chips bowl of chips plate of chips beer battered chips served w/ aioli	\$4.70 \$7.50 \$7.90
Ploughman's Plate a selection of cold meat, dip, pickled vegetables, cheese and bread	\$13.90
Aussie burger our special recipe all beef pattie, char-grilled and served open on a toasted bun w/ fresh salad bacon, egg and barbeque sauce, w/ chips	\$9.90
Chicken Caesar burger chicken breast lightly seasoned, char-grilled and served on a toasted bun w/ fresh cos lettuce, bacon, Caesar dressing and chips	\$10.90
Barra burger grilled barramundi on a toasted bun, tomato and mesculan lettuce w/ aioli and chips	\$10.20
Club sandwich three slices of toast filled w/ bacon, egg, lettuce, tomato, turkey, avocado and mayonnaise	\$10.50
Steak sandwich grilled, marinated rib fillet steak on thick toast w/ bacon, egg, caramelised onions, fresh salad and barbeque sauce	\$12.50
All day breakfast two slices of toast, bacon, sausage, grilled tomato, hash brown and two fried eggs	\$13.90
Pizza (gluten free option available) tandoori chicken, mozzarella, avocado and cashews drizzled w/ yoghurt ham, onion, mushrooms, olives, capsicum, pineapple and mozzarella cheese salami, chorizo, ham, Spanish onion, semi-dried tomato, barbeque sauce and smoked mozzarella lamb and fetta w/ cherry tomatoes and Spanish onion Mediterranean vegetables of roast capsicum, garlic, Spanish onion, eggplant, tomato & mozzarella cheese (v)	\$12.90
Children's Meals steak and chips (gluten free available) tempura fish fillets and chips cheeseburger and chips chicken nuggets and chips ham and pineapple pizza pasta of the day (gluten free available) crumbed calamari and chips All children's meals can be served with a petite salad or a children's veggie bowl.	\$6.90
Children's Meal Deal your choice of one of our children's meals w/ a glass of soft drink and ice cream cone for dessert	\$8.00
Cake Cabinet choose from the tempting range of cakes in our cake cabinet, served w/ fresh cream and ice cream	\$6.90
Coffee & Cake Special your choice of any coffee w/ a slice of the cake of the day * not available w/ Liqueur Coffees	\$7.20
Cakeage cut and served w/ fresh cream on plates (parties up to 20)	\$10.00

Rewards Club members receive 15% off total food bill, not available with any other offer # 10% Surcharge on Public Holidays
(v) vegetarian (g) gluten free